



# TEAMSTERS SAFETY & HEALTH FACTS

Safety and Health Department, International Brotherhood of Teamsters  
 25 Louisiana Avenue, NW, Washington DC 20001  
 202-624-6960 | [www.teamstersafety.org](http://www.teamstersafety.org) | [ibtsafety@teamster.org](mailto:ibtsafety@teamster.org)

## Revised Hours of Service Regulations

**Effective September 29, 2020**

The Federal Motor Carrier Safety Administration (FMCSA) recently issued the following revised Hours of Service Regulations for Short-Haul Operations, Adverse Driving Conditions Exception, 30-Minute Break Requirement, and the Sleeper Berth Provision.

### Short-Haul Operations for Property-Carrying CDL Qualified Drivers

	Old Rule	Revised Rule
All driving activities must be completed within this window. (the maximum of 11 hours of driving time is unchanged)	12 Hours	14 Hours
Drivers who use the Short-Haul Operations Provision must perform all work activities within a specified Air-Mile Radius to their work reporting location.	100 Air-Miles	150 Air-Miles
Minimum off-duty period between work shifts	10 Hours	10 Hours

### Adverse Driving Conditions Exception

Prior to this revised regulation, “Adverse Driving Conditions” was defined as:

“Adverse driving conditions means snow, sleet, fog, other adverse weather conditions, a highway covered with snow or ice, or unusual road and traffic conditions, none of which were apparent on the basis of information known to the person dispatching the run at the time it was begun.” The revised regulation allows the exception to be applied based on the driver’s (in addition to the dispatcher’s) knowledge of the conditions after being dispatched.



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The previous Adverse Driving Conditions Exception allowed drivers to drive up to 13 hours, within a 14-hour driving window. The revised rule allows the driver using the exception to drive up to 13 hours within a 16-hour driving window. Drivers who use this exception are required to have a minimum of 10 consecutive hours off duty prior to resuming driving duties.

Passenger-carrying drivers who use the revised “Adverse Driving Conditions Exception” may drive up to 12 hours within a 17-hour driving window. Drivers who use this exception must have a minimum of 8 consecutive hours off duty prior to resuming driving duties.

Adverse Driving Conditions Exception	Old Rule	Revised Rule
Property Carrying	Drivers are allowed to drive up to 13 hours within a 14-hour driving window. (Minimum 10 hours off-duty required following use)	Drivers are allowed to drive up to 13 hours within a 16-hour driving window. (Minimum 10 hours off-duty required following use)
Passenger Carrying	Drivers are allowed to drive up to 12 hours within a 15-hour driving window. (Minimum 8 hours off-duty required following use)	Drivers are allowed to drive up to 12 hours within a 17-hour driving window. (Minimum 8 hours off-duty required following use)

## Mandatory 30-Minute Break Period

Old Rule	Revised Rule
Drivers are required to take at least 30 minutes off duty break within the first 8 hours of coming on duty – This break must be off-duty time, no work activities may be conducted.	Drivers are required to take a break of at least 30 minutes after driving for 8 consecutive hours. This break may include “on duty, not driving time,” non-driving tasks may be performed.

## Sleeper Berth Provision

The revised rule allows drivers who use sleeper berths to take their 10-hour off-duty period in two segments, provided one off-duty period (whether in or out of the sleeper berth) is at least 2 hours long, and the other segment is at least 7 consecutive hours in the sleeper berth. Neither off-duty period counts against the maximum 14-hour driving window.